DAIKON AND CUCUMBER SUNOMONO SALAD





- 4 mini cucumbers
- 1 daikon radish, peeled
- 1 Tablespoon salt



- 1/2 cup rice vinegar
- 4 Tablespoons sugar
- 2 Tablespoons sesame seeds

INSTRUCTIONS:

- 1. Slice cucumbers into thin rounds (use a food processor if desired).
- 2. Cut daikon radish into quarters lengthwise, then slice the long quarters into thin wedges (use a food processor if desired).
- 3. Place cucumber and daikon slices in a large bowl and sprinkle with salt. Allow the veggies to sit for 5 to 10 minutes. You'll notice excess liquid form at the bottom of the bowl.
- 4. Transfer the daikon and cucumber slices to a strainer, then rinse and drain.
- 5. Put the drained cucumber and daikon slices on a clean kitchen towel and roll up to gently squeeze out any excess liquid. Transfer to a clean bowl.
- 6. In a separate small bowl, combine rice vinegar, sugar, and sesame seeds.
- Pour the vinegar mixture over the veggies and stir gently. Set aside for about 15 minutes to allow the flavors to meld. You can also chill the mixture in a fridge.
 Yield: 15-20 tastings
- 8. Serve and enjoy! Source: Spruce Eats







Nutrition Programs & Services

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