

KNOW YOUR FARMER



KNOW YOUR FOOD

Luna Farm

Redcrest, California

Located in the traditional territory of the Sinkiyone people



Fred and Amy with kohlrabi at Luna farm.

Faces Behind The Farm:

Frederic and Amy Diekmeyer.

Farm Facts:

Farmers Fred and Amy love growing produce for kids. Fred is especially excited about this month's featured vegetable because it is one of his favorites - kohlrabi! Kohlrabi is more commonly eaten in German speaking countries like where Fred is from. You can find both green and purple varieties growing at Luna Farm well into the winter months.



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