

## VEGGIE RAINBOW WRAPS



### INGREDIENTS:

- 1 package tortillas
- 1 (8 oz) container cream cheese
- 3 carrots
- 1 red bell pepper
- 1 yellow bell pepper
- 1 small head of red cabbage
- 1 container microgreens

### INSTRUCTIONS:

1. Wash and towel dry veggies. Peel and remove seeds (as needed).
2. Slice veggies lengthwise into thin strips.
3. Spread a thin layer of cream cheese on tortilla, leaving about 1" exposed around edge.
4. Arrange veggie strips on tortilla and roll up snugly, seal edge with cream cheese.
5. Cut rolled wrap into 3" pieces. Trim off ends if needed.
6. Repeat process with remaining tortillas.
7. Eat and Enjoy!

**Yield:** 6-8 servings

**Source:** Adapted from [thecarrotunderground.com](http://thecarrotunderground.com)

*The ingredients for this recipe can be purchased with CalFresh benefits. To learn more about or how to apply for CalFresh benefits, call Humboldt County DHHS Social Services at 1-877-410-8809 or visit [benefitscal.com](http://benefitscal.com).*

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