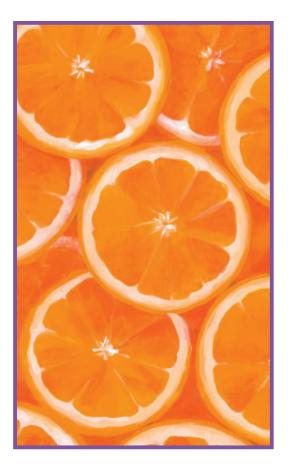# CARA CARA ORANGES

- Oranges were developed by crossing a pomelo with a mandarin.

- First found in 1976 at Hacienda Cara Cara in Venezuela, the Cara Cara Navel is a natural mutation from standard Navel Orange trees. It has a bright orange skin, and a unique pinkish orange flesh. The Cara Cara is a delicious blend of sweet and tart!

- Americans consume most of their oranges in the form of juice (but you miss out on the fiber when drinking the juice instead of eating the fruit itself).

- After chocolate and vanilla, orange is the world's favorite flavor.

Cal Fresh
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HUMBOLDT COUNTY OFFICE OF EDUCATION
Nutrition Programs & Services

MATH: How Do Oranges Measure Up?

Each student will estimate and measure an orange to discover the circumference, length, the number of seeds, and how much juice it contains.

1. Circumference: How big around is it?

Estimate:

Measured:

2. Length: How long is it?

Estimate:

Measured:

3. Seeds: How many are there?

Estimate:

Measured:

4. Carpel sections (segments): How many?

Estimate:

Measured:

5. Juice: How much?

Estimate:

Measured: