

PUMPKIN PIE DIP WITH ASIAN PEARS



INGREDIENTS:

- 3 Asian pears
- 1 container whipped cream cheese
- 1 can Farmers Market Pumpkin Pie Mix

INSTRUCTIONS:

1. Empty the whole can of pumpkin pie mix and the container of cream cheese into a bowl.
2. Stir well to combine.
3. Serve 1 Tablespoon of the dip with a couple of slices of Asian pear to each student.
4. Eat and enjoy!

Harvest
of the
Month™

CalFresh
1-877-410-8809



HUMBOLDT COUNTY OFFICE OF EDUCATION
Nutrition Programs & Services

Yield: 20 tastings

Source: Nutrition Department Original

PUMPKIN PIE DIP WITH ASIAN PEARS



INGREDIENTS:

- 3 Asian pears
- 1 container whipped cream cheese
- 1 can Farmers Market Pumpkin Pie Mix

INSTRUCTIONS:

1. Empty the whole can of pumpkin pie mix and the container of cream cheese into a bowl.
2. Stir well to combine.
3. Serve 1 Tablespoon of the dip with a couple of slices of Asian pear to each student.
4. Eat and enjoy!

Harvest
of the
Month™

CalFresh
1-877-410-8809



HUMBOLDT COUNTY OFFICE OF EDUCATION
Nutrition Programs & Services

Yield: 20 tastings

Source: Nutrition Department Original