

COLD NOODLE SALAD WITH SESAME ORANGE DRESSING



INGREDIENTS:

- 1 bag of salad greens, chopped
- 2 carrots, peeled and grated
- 1 box of Thai Noodles
- 1 bottle Sesame Ginger Dressing

INSTRUCTIONS:

1. Place the chopped greens and carrots in medium size bowl.
2. Place hot water in another medium size bowl and soak noodles in the water until they are soft. Drain the noodles in a colander and rinse with cold water until cool. Add the noodles to the bowl with the greens and carrots. Pour $\frac{1}{2}$ cup of dressing over the ingredients and gently fold to combine.
3. Eat and enjoy!

Harvest
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HUMBOLDT COUNTY OFFICE OF EDUCATION
Nutrition Programs & Services

Yield: 4-6 servings

Source: Nutrition Dept. Original

The ingredients for this recipe can be purchased with CalFresh benefits. To learn more about or how to apply for CalFresh benefits, call Humboldt County DHHS Social Services at 1-877-410-8809 or visit benefitscal.com.

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