

Have a Safe & Healthy Summer!

By setting an example and involving the whole family in safety and wellness goals, you will be teaching others to make healthy and responsible choices that will serve them for a lifetime.



Get outside and exercise!
Wear a mask and keep
6 feet away from others.



Be visible when walking &
biking. Wear bright colors
and carry a light at night.



Use your brain and always
wear a helmet when biking.



Never walk or bike while
using your phone.



Follow all rules of the road
and signage.



Prevent collisions by being
predictable. Use hand signals.



Cross at intersections or
crosswalks. Set an example
for younger people.

★ Thank you for being a 'Walk Star' and a 'Roll Model!' ★