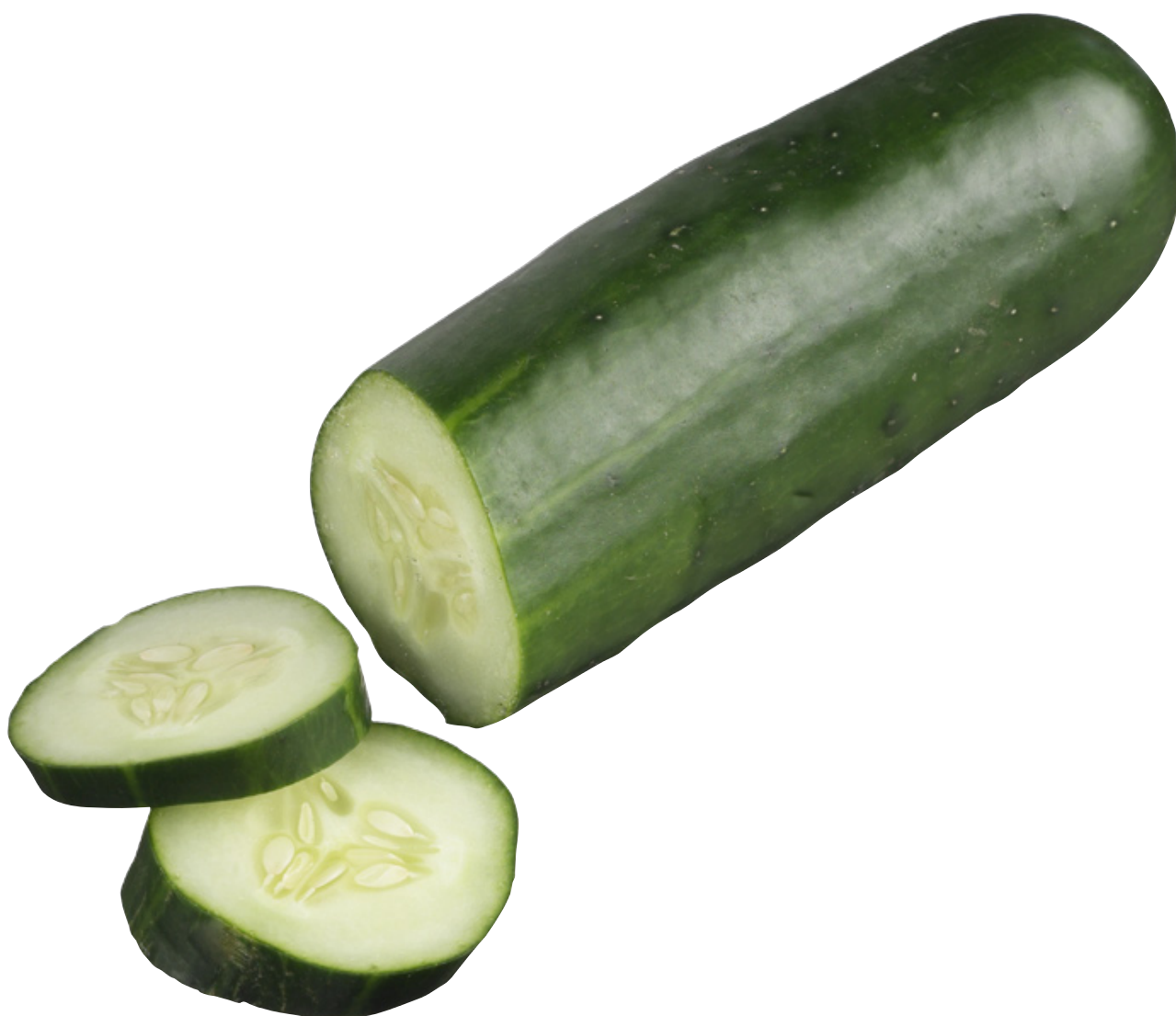


Harvest of the Month



Network for a Healthy California



CUCUMBERS



**CHAMPIONS
for CHANGE**

Network for a Healthy California

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This material was created by a Network-funded agency as companion to the Harvest of the Month toolkit developed by the Network for a Healthy California.

This material was funded by USDA's Food Stamp Program through the California Department of Public Health's Network for a Healthy California. These institutions are equal opportunity providers and employers. The Food Stamp Program provides nutrition assistance to people with low income. It can help buy nutritious foods for a better diet. For information on the Food Stamp Program, call 1-888-328-6463.

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Do you know about
cucumbers?



Did you know that
cucumbers are a
vegetable?



I just thought you
might like to know.

Did you know that
cucumbers grow on a
vine along the ground?



I just thought you
might like to know.

Did you know that
cucumbers are medium
to dark green?



I just thought you
might like to know.

Did you know that
cucumbers give you
Vitamin C and Fiber?



I just thought you
might like to know.