

Collective Molecular Photography

Step by Step
Guide

WITH VEDA AUSTIN



Welcome to a new world of WATER

WHAT YOU WILL NEED

- * A glass petri dish. NOT plastic it doesn't work as well
- * Water, ideally spring water, but it's fine to begin with whatever you have. Do NOT use distilled water, salts help store memory, and distilled water lacks them.
- * Measuring spoon
- * Domestic freezer set at -23 C or -9.4 F
- * A camera that can take clear, close up photos. A mobile phone is fine. I use an iPhone
- * A damp paper towel or tea towel
- * A clear mind without expectations



"Clear your
mind, be
formless like
Water" –
Bruce Lee

MINDSET

Relationship

Before you begin, I recommend you clear your mind of expectations. Let the Water reveal itself to you first. Your conscious attention towards water naturally gives it more light and this helps form RELATIONSHIP and CHEMISTRY. Just as we can feel when someone is admiring us, so can water.

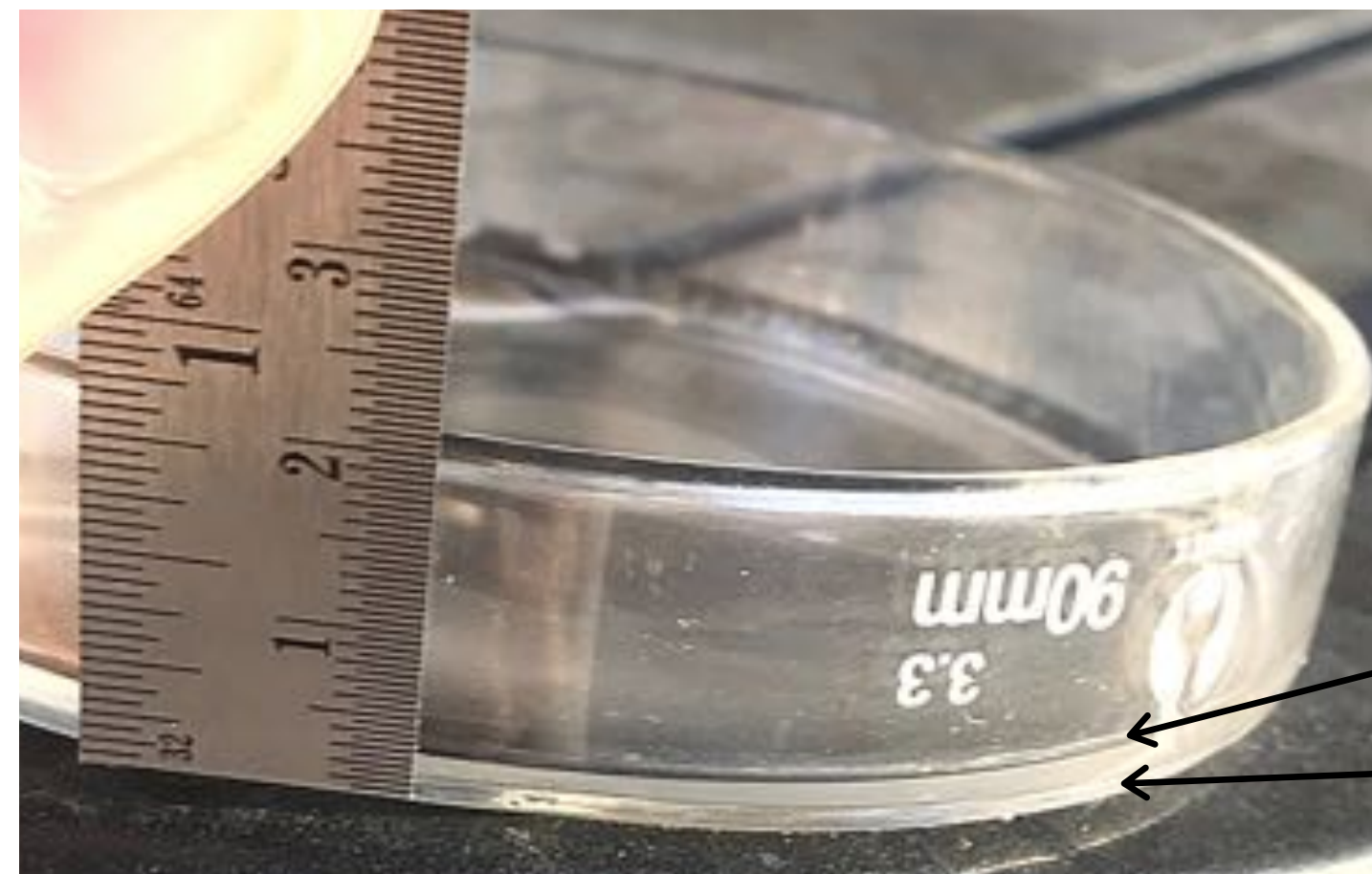
Allow water to show you how it looks in its natural state. Observe the patterns it wants you to see. Do not expect it to create images on demand, it is free to choose. Demanding water to do what you want works about as well as demanding someone to love you.

Let's begin

THE PROCESS

Step 1: ADD WATER

Depending on the size of your petri dish, add just enough water to very thinly coat the bottom so it's approx 2-3mm thick. In this photo I've used a 90mm diameter petri dish and added one teaspoon of water. It's fine to play with the amounts, but be mindful not to add too much.



Water

Glass
Base

Correct amount



Water

Glass
Base

Too much

Step 2: FREEZE

Step 2 would normally be when I would 'INFLUENCE' the water, but I'd like to go through the physical process first.

The ideal freezer setting is -23 C or -9.4 F, but if it's too difficult to reset your freezer just work with what you have. Because you are only using a small quantity of water it will be quick enough to figure out the freezing time frame that best works with your appliance.

I personally like to have an empty freezer, or at least an empty shelf, however it isn't necessary.

0 hours 3 min. 45 sec.

People get worried that the frozen peas or ice cream tub might influence the water, but I have never found this to be the case. Anything frozen is not an influencer, it's in a state of pending.

Set your timer for 3 mins 45 secs. This is the amount of time I find works well for me, I've been using a different freezer lately and I've had to adjust the time to 3 mins 55 seconds...timeframes can vary according to different appliances anywhere from 3 mins to 5 minutes.

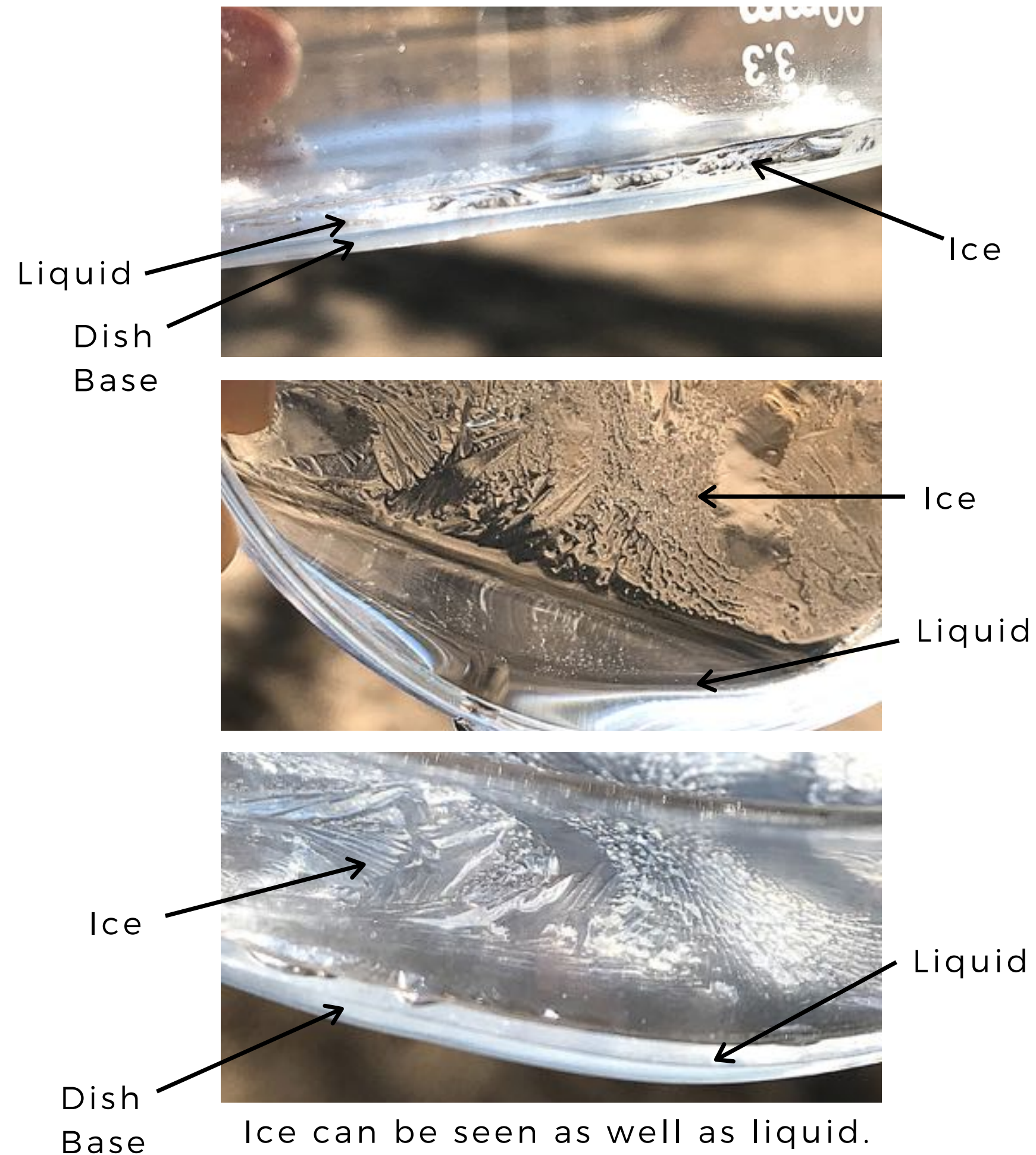
Most importantly, you want to know what you're looking for.

Step 2: FREEZE CONTINUED

The water wants to be in two parts, ice and liquid. There should be a liquid layer on top of the ice

As you are learning this process it can be helpful to take the petri dish out at 3 minutes and tip it ever so slightly to see if you can see any ice underneath. If it is still totally liquid give it another minute before checking again. If it has a few very thin 'fronds' of ice give it 30 or 40 seconds more.

I have added a few photos to show you exactly what it should look like, The middle photo shows you what happens when you tip the dish upright. The water will drain from the ice.



Step 3: REMOVE THE LIQUID

Once you have your sample at the correct stage, the next step is to remove the liquid. This part is very simple, you hold the dish over the sink and pour away the water. I've added a photo so that you know what you should be seeing as you do that.

Step 4: REMOVE FROST

Use your paper towel or tea towel to wipe the bottom of the petri dish prior to photographing. It can help if the paper towel is slightly damp.



Step 5: PHOTOGRAPH

This next process requires some practice and well as fast action due to the fact the ice melts quickly. It is up to you as to the kind of photographic set up you want to put together, but here's how I do it:

In one hand I hold the petri dish up to a natural light source like a window, and in the other hand I hold my iPhone with its camera set to 2x and begin taking photos. I don't recommend you go looking for specific images before taking the photos as you are likely to miss out on capturing them before they melt.



I tend to take photos of the entire dish as well as photos zoomed in on areas I'm attracted to. It is fun to film the petri dish too as this allows you to rewatch the crystallography as it begins to melt.

Once you have taken your photos, go through them, enlarge them to see what Water has revealed to you. You'll be amazed just how much has been designed in such a short amount of time!

Conscious Connection (Influence)

Before you begin connecting with the water, ask yourself, "What is my intention with this process? I recommend being in a state of curiosity, fun or joy before you begin. Children are often in this state, but many adults can be very skeptical and this can be disadvantageous. If you feel this way, I recommend you shift your energy towards curiosity.

I prefer not to use the word 'influence' or experiment,' I am a body of water that doesn't like the idea of either one being done to me. I prefer the word connection. This is a loving relationship, not a controlling one.

I suggest you don't over think this process, it should be fun and fast, I believe the Water already 'knows' what you would like to see before you 'tell' it.

There are many ways to co-create with Water and there are no rules as to how to do any of this. A nice place to begin is with thought. Simply project a thought into the dish of water. It can be placed anywhere near you, or you can hold it. Focus a thought for 30 seconds then immediately place in the freezer. I suggest a 30 second time frame, but this is totally up to you.

Co-creation Ideas

I like to place a photo under the petri dish for 30 seconds and then freeze it.

I use the same process for a written word, or perhaps a book page.

When I use media, I will place the dish on the couch to 'watch' the movie, or in front of my laptop while it plays.

You can also place crystals or items in the dish of water for 30 seconds, remove & freeze.

I love to speak to the Water. Simply ask water a question out loud or telepathically, then freeze it.

Music is a wonderful way to co-create. Play a song to the water, let it be near a speaker or instrument, then freeze.

NB :During these processes the water is not as sensitive to other influences as you might think.

It appears to become engaged in the connection you make and although it is 'aware' of everything around it, it is as if it chooses to stay focused. The stronger your relationship, the longer the attention span.

Water will often show you unexpected things. I suggest you set your intention and then allow yourself to become the Observer. Remember, you are the medium, water is the artist.

Photo examples



Written word
or number



Printed out
picture or photo



Physical object
near or in the
water



Projection
of thought



Musical
vibration

Other suggestions

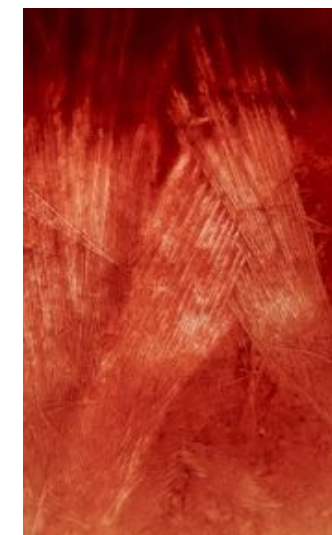
It can be fun to add even less water to the dish so that its not entirely covered. See the water sample below -



Once it is frozen it creates interesting patterns around the water edges that can look similar to the photo below -



Another fun thing you can do is add a few drops of different food colouring to the water pre-freezing. This can highlight the ice features, and children enjoy this process. I did this with the three photos below -.



Other suggestions continued

You are not limited to using the CMP process with water only. You can use wine, soda, coffee, tea, the list is endless. Below are photos I took of various liquids.

Organic coffee



Organic rose infused
carbonated water



Colloidal silver.



Thankyou

Thank you for being an important part of the growing wave of water consciousness. Feel free to email me with your findings at - vedaaustin@gmail.com. I would be delighted to see what water reveals to you.

Please don't be disheartened if you can not see images straight away, it does not mean water isnt connecting with you or that you're doing something wrong. Sometimes water likes to show us things when we least expect it and this has happened to me several times.

If you find yourself getting frustrated or upset, a nice and relaxing way to reconnect with water is to have a shower and write kind words in the steam on the glass. I often find that the next day I get beautiful results in the ice.

Blessings and love,

Veda

