

# Humans and Nature Handprint

Ornament Size: 4-10 inches

Skill Level: Advanced

This ornament represents our place in nature, as humans. The five fingers – humans, water, fish, forests, and wildlife are all interconnected within the watersheds of Six Rivers National Forest.

## Supplies needed:

- Acrylic Paint
- Wooden cutouts or disks as described below:
  - Option 1:
    - Wooden cutout of a hand
    - Wooden cutout of a woman's silhouette
    - Wooden cutout of a salmon
    - Wooden cutout of a tree
  - Option 2:
    - Custom wooden cutout of the handprint with different finger shapes for the thumb (woman's silhouette), middle finger (fish), and ring finger (tree).
  - Option 3:
    - A wooden disk with this handprint design painted on (no cutouts)

## Instructions:

1. Paint the hand cutout as instructed below:
  - a) The thumb is a woman's silhouette
  - b) The pointer finger is a representation of a watershed – there are mountain peaks and the top with tributaries flowing into one another then into a main channel that flows all the way into the palm of the hand.
  - c) The middle finger is a chinook salmon
  - d) The ring finger is a tree, the stump connects the tree to the rest of the hand
  - e) The pinky finger contains bear tracks
  - f) The palm is a continuation of the stream that starts on the pointer finger. The stream meanders across the palm, representing veins, then eventually flows out to the mouth of the river at the base of the palm. There are also creeks flowing from the woman, to represent how water is a part of all of us. (There can also be creeks flowing from every other finger as water connects all parts of this system.

