

History Day Registration Instructions

Your Teacher must FIRST register and add you and your project before you can register.
A parent/caregiver will need to complete parts of this registration.

Create your Account

1. Create your account.
2. Enter an email. School emails are often blocked - use a home email.
3. Enter a password and confirm the password.
4. Go to the email we sent (check junk box)
 - a. Click the "Verify Email" button.
5. Then login - you may need to refresh the login page.
6. Select the your **local county contest** you are registering for from the dropdown.
7. Once logged in, choose "I am a Student".

1-3

4-5

6

7

Select Your School

Follow the steps on the Select School portal.

Select School

The following will appear in order as you choose your responses:
 Please be patient, there might be a slight delay in loading lists

1. Grade Level
2. County
3. School District
4. School

If you do not find your school:

- Check to make sure grade level, county, district are correct.
- Check with your teacher to make sure they have completed their registration.
- Your school will not show up until your teacher has registered.

Associate with a project

Find your name and click on the “This is me” button to be added to the project. If there is a long list, you can use the “Filter by” to filter on project title or name.

Student List

Find your name and confirm that you are associated with the correct project.

NEXT STEP:

1. Find your name in the list below
2. Click the 'This is me' button next to your name

Arcade Middle
Sacramento County

Filter by:

Full Name	Project Title	Registered?	Payment	Paid?	Actions
This is me → Muscat, Brian	The Sierra Club Environmental Movement	No	School	[need]	
This is me → McAdams, Susan	Save Mono Lake Campaign	No	School	[need]	
This is me → Belecky, Mike	Save Mono Lake Campaign	No	School	[need]	
This is me → Strickland, Jason	Save Mono Lake Campaign	No	School	[need]	
This is me → Adams, Jennifer	Japanese American Internment and Redress Efforts	No	School	[need]	
This is me → George, Amy	Japanese American Internment and Redress Efforts	No	School	[need]	

6 records

sac-nhd.scoe.net says

Confirm Jennifer Adams as the member of this project: Japanese American Internment and Redress Efforts

[Cancel](#) [OK](#)

Create your profile account

1. Select the “Profile” menu on the left.
2. Create your profile “Account”

MENU

- Home
- User
- Profile**
- Registration
- Project
- Logout

✓

School

✓

Project

✗

Profile

Student Dashboard

Welcome,

NEXT STEP: Please complete your [Profile](#) by:

1. Select 'User' under the menu on the left
2. Then select 'Profile'

Next page

Complete your profile Account:

1. Verify your name is spelled correctly.
2. Add a nickname to display on your name badge (optional)

Note: Your contest may not include all of these questions. Complete only those that apply.

NOTE: Your email is entered automatically. If you change your email address it will also change it for when you log in.

Account

Student Name Instructions:

- Your name will print on your NAME BADGE as: **Sue Adams**
- Your name will print on your CERTIFICATE as: **Suzanne Adams**

First Name *

Suzanne

Last Name *

Adams

Use Nickname

☒ Yes

☐ No

Do you want a different first name on your name badge? For example - Ally instead of Alexandra, Matt instead of Matthew.

Nickname (Name Badge Alternate) *

Sue

If you would like a different name on your name badge, enter it here. For example - Ally instead of Alexandra, Matt instead of Matthew.

Save Profile

Email Address

sadams@gmail.com

Edit Email

Complete your registration

1. Select the "Registration" menu on the left.
2. Complete the registration sections.

MENU

Home

User

Profile

Registration

Project

Logout

School

Project

Profile

Registration

Student Dashboard

Jennifer Adams

NEXT STEP: Please complete your Registration by:

1. Select 'User' under the menu on the left

2. Then select 'Registration'

NHD Sacramento

Welcome to the Sacramento History Day Competition.

Competition Date: Saturday, March 15th

Location: Sacramento State University Union

Special Awards

If you would like to register for a special awards use this link: <https://form.jotform.com/230580644596059>

Complete Personal Information:

1. If your name is difficult to pronounce please add a phonetic pronunciation.
2. Pronouns are optional.
3. Cell phone is optional.
 - a. Parents will also have a space to provide a cell phone in a later step.
4. Individual county contests may differ; some may not include all of the fields shown to the right.

NOTE: you can save progress and return later to complete additional steps.

Personal Information

Phonetic Pronunciation of your Full Name

Ex: Raul Gonzalez: rah-OOL gon-SAH-les or Ngoc Nguyen: nank nuhWEN or sounds like 'Knock' 'WIN'

Pronouns to use on your name badge

Cell Phone

T-Shirt Size *

Sizes are adult unless specified as youth

Demographics *

☐ Hispanic/Latino
☐ African American
☐ American Indian/Native Alaskan
☐ Native Hawaiian/Pacific Islander
☐ Decline to State

Select all that apply

Grade Level *

How many Years of Experience with History Day? *

Street Address *

City *

State *

Zip Code *

← Back

Save Progress to Return Later

→ Continue

Complete the Statement of Agreement/ Originality

Please be sure to read the agreement. It is a good idea to have a parent read it as well.

Statement of Agreement / Originality

Please note that you must choose "Yes" for the following authorization in order to complete the online registration and to compete at the NHD Sacramento Contest. If you have further questions, please contact the contest coordinator.
IT IS RECOMMENDED THAT YOUR PARENT / CAREGIVER ALSO READ THIS STATEMENT.

- I affirm that the entry submitted for competition was researched and developed during this school year.
- I have read the National History Day rules and policies governing student behavior and will conform to these rules. (The rules can be found at: <https://www.nhdca.org/contest-rules>)
- I will make sure that my project's WORD COUNT is within the allowed number of student composed words for my project category.
- I understand that violation of these rules may result in my project not advancing to the next round of competition, and / or the disqualification of my entry.
- I further understand that selecting "Yes" below and submitting my registration shall have the same force of law as my original signature and that I am not obligated in any way to make such agreement, except as prerequisite to my participation in this program.

I have read the above statement and agree; I will follow the rules of this contest. I acknowledge that the work I am submitting is my own and it may be subject to plagiarism or academic integrity review as determined by the contest coordinator: *

☒ Yes

Back

Save Progress to Return Later

Continue

Complete Parent/Caregiver Information

1. You must have one parent/caregiver listed. A second one is optional.
2. We will send information emails to one or both caregivers listed on a student record.
3. You must have a chaperone in attendance at the contest. (only for in-person contests)

Note: Your contest may not require this section.

Parent / Caregiver Information

Parent / Caregiver One

First Name *	Last Name *
Betsy	Adams
Email Address *	Cell Phone *
badams@gmail.com	(999) 666-2222

Did **Betsy Adams** participate in NHD as a student? *

☐ Yes

☒ No

Parent / Caregiver Two (optional)

First Name	Last Name
John	Smith
Email Address	Cell Phone
email@example.com	(###) ###-####

Who will be in attendance at the contest to serve as my chaperone? *

☒ Parent / Caregiver One listed above

☐ My History Day Teacher

☐ Other

Complete Medical/Emergency Information

1. Provide insurance and doctor's information.
2. If no medical concerns or medications please put n/a.
3. If your child needs an accommodation for their interview (sign language, wheel chair, etc.) please email us so we can make arrangements.

Note: Historical Paper contest and Virtual contest will not have this step.

Note: Your contest may not require this section.

Medical / Emergency Information

MUST BE FILLED OUT BY A PARENT / CAREGIVER

Insurance Provider Company *	Insurance Policy Number *
Blue Shield	10002455
Doctor's Name *	Doctor's Phone
Dr. Smith	(916) 333-5555

In the field below, indicate all medical concerns and restrictions (e.g. diabetes, allergies to medications and/or foods, heart problems, asthma, etc.) *

Taking Medications - Please list any medication(s) *

If your child needs accommodations, please email us at nhdca@scoe.net.

Complete Authorizations & Releases

Be sure to click “**submit**”.

Note: Your contest may provide a link to complete their release form (instead of the system form), or it MAY NOT require parents to complete a release at all.

Follow the instructions your county coordinator puts on the release form registration page.

Authorization & Releases for Jennifer Adams

MUST BE FILLED OUT BY A PARENT / CAREGIVER

Medical Consent

I, the undersigned, hereby give consent to have the above signed treated by a physician or surgeon in case of sudden illness or injury while participating in NHD Sacramento Contest and activities; including, authorization and consent for any x-ray examination, medical anesthetic, or surgical diagnosis rendered under the general or special supervision of any member of the medical/dental staff and emergency room staff licensed under the provisions of the Medical Practice Act or Dental Practice Act and on the staff of any acute general hospital holding a current license to operate a hospital from the State of California Department of Public Health. It's understood that this authorization is given in advance of any specific diagnosis, treatment or hospital care being required but is given to provide authority and permission to render care which the aforementioned physician in the exercise of his/her best judgment may deem advisable. It's understood that efforts shall be made to contact the undersigned prior to rendering treatment to the patient, but that any of the above treatment will not be withheld if the undersigned cannot be reached. This authorization is given pursuant to the provisions of Section 25.8 of the Civil Code of the State of California. The signing of this release only gives the organizers of this program and agents thereof, the right to consent for treatment of minors. It does not release signee of liability from medical cost arising from said treatment. The releasees do not assume liability of said cost and are not liable for any complications arising from said treatment. It is understood that the releasees provide no medical insurance for such treatment. If a personal physician is listed, every effort will be made to contact such physician. However, the location of the event or the nature of the illness or injury may require the use of emergency medical personnel.

I hereby agree to the terms outlined above and give medical consent for my child to participate in the NHD Sacramento Contest: *

☒ Yes

Permission

I hereby request participation in the 2025 NHD Sacramento Contest. My parent or guardian, whose signature is shown below, and I hereby agree to follow the rules of competition and accept the interpretations and decisions made by the competition manager. The competition will be run in compliance with local and state health and safety requirements. Additionally, we understand and agree to the following specific provisions:

1. VOLUNTARY RELEASE: Assumption of Risk and Indemnity Agreement: In consideration of the acceptance of my child's participation in the NHD Sacramento Contest, I hereby release, discharge, and covenant not to sue the Sacramento County Office of Education, their representatives, officers, successors, and assignees, directors, staff, workers, participating volunteers, and all other hosts (herein collectively referred to as "releasees") from all claims and liability arising out of strict liability or ordinary negligence or hold harmless and cover releasee for all claim judgment(s) or expense(s) that may incur arising out of my child's participation in this event. I understand that participation in this event contain a certain risks of injuries, that the event will be indoors and outdoors, and that there is inherent risk in doing so which I voluntarily assume, because I choose to do so. I further know that other participants may pose a risk as there may be physical activities. I voluntarily elect to accept all risks connected with participation in this program.

2. INFORMATION RELEASE: By completing and signing this request (below), I (student and parent/guardian) hereby give permission and indicate consent to the release of educational information about or relative to participation in the NHD Sacramento Contest. Such information shall include but not be limited to the release of results, photographs, the reproduction of sound, motion picture, or videotape recordings, to be used in connection with an educational television program or subsequent video, photographic, websites, multimedia, audio presentations, and on social media platforms including but not limited to Instagram, Facebook, LinkedIn, X, Blue Sky, Threads, and TikTok. I further grant permission to be shown on videoconference (eg. Zoom, Teams), closed circuit TV systems, shared with other classes and schools, shared at community and professional meetings, aired by cable stations, entered into educational or media contests, posted on websites and used for the purposes of study, comparison, and furtherance of knowledge in the fields of education or human behavior. The releasees shall have the right to reproduce, use, display, and disseminate in such manner as they see fit, without obligation of any kind to any person, the contest results and materials I produce for this contest. I understand and agree that all media will become the exclusive property of the releasees and there will be no compensation or remuneration.

3. Prohibition of Audience/Participant Reproduction of Virtual Event. I agree that my child and I will adhere to virtual privacy policies and California privacy statutes by refraining from capturing images (through screenshot or other means), recording and/or rebroadcasting any part of the virtual event without authorization. Any recording or capturing of images will result in disqualification.

4. Code of Conduct. I will comply with the following requirements. I agree that if I violate any of these I may be disqualified and asked to leave:

- I will conduct myself in compliance with my school site codes of conduct.
- I will **accept the decision of the judges and competition coordinators** as final. I will respect the judges' decisions and discuss any concerns with the event coordinator in a respectful manner.
- I will **respect** all judges, staff, teachers, students and parents and conduct myself in a manner that is **courteous to everyone**.
- I will **model good sportsmanship** at all times.

I have read and agree to the contents of this document. By clicking yes below, I hereby

Give permission and consent to the **voluntary release** and **information release** (Items 1-4) described above.

I understand that my child must **comply with the safety measures** to participate in the competition.

Agree to follow all of the **rules of the competition and code of conduct**.

I also understand that by signing this document, I am **assuming all risks associated with my child's participation** in the event.

I hereby give permission and agree to everything above: *

☒ Yes

First Name of Signee * Last Name of Signee *

Relationship to Signee *

Project Details Page

Select the Project Details button on the left side of your dash board.

On this page you will be able to:

- Change your title - This is how it will print on forms and other printed materials.
 - Check spelling and capital letters.
- Submit: Websites, Documentaries & Podcasts links.
- Upload written materials -
 - Title Page, Process Paper, Annotated Bibliography
- Download your judge sheets. The “Score Sheet” button will appear once they are ready.

Note: Your contest may provide different instructions. Follow your contest guidelines.

Project Details

[↓ Score Sheet](#)

This page shows your project information. You may do the following:

- **Title Changes:** Closes April 11th
 - After this date, you can still change the title of your project that you bring to competition, but printed items (judge score sheets, event program, etc.) will not reflect the change.
- **Submit Project Link:** Closes May 4th
- **Request an Interview Time:** Closes April 11th
 - Request an early or late interview time within the Interview window.
- **Written Materials Upload:** Due May 4th
 - Upload your Written Materials PDF.

Project Last Updated: 12/3/2025 2:43:39 PM

County: Alameda

School: Foothill High

Division: Senior

Category: Group Documentary

Students Listed on Project: Jon Moyer, Frank Smith

Project Instructions:

- Please check spelling & capitalization.

Project Title *

The Reform

Project Link Instructions:

How to Submit a Shareable Link:

- Submit your Google, YouTube, or other Cloud-based storage service link for your project.
 - Share settings must be set to “Viewable by anyone with the link”
 - Be sure your link includes https://

Project Link *

If there is a link in the “Project Link” field, then we have your project stored in the database.

Project Link for Documentary or Podcast

- Share settings must be set to “Viewable by anyone with the link” Be sure your link includes https://
- Have someone test your link to make sure it is accessible.

Project Link for Website

Enter your NHDWebCentral URL for your project.

Example: <https://12345678.NHDWebcentral.org>