

## NEWS ALERTS AND UPDATES

3.20.20

### NATIONAL:

- Total cases: 15,219
- Total deaths: 201
- Jurisdictions reporting cases: 54 (50 states, District of Columbia, Puerto Rico, Guam, and US Virgin Islands)

Data include both confirmed and presumptive positive cases of COVID-19 reported to CDC or tested at CDC since January 21, 2020, with the exception of testing results for persons repatriated to the United States from Wuhan, China and Japan. State and local public health departments are now testing and publicly reporting their cases. In the event of a discrepancy between CDC cases and cases reported by state and local public health officials, data reported by states should be considered the most up to date.

### STATE:

**CALIFORNIA: 1,066 cases; 19 deaths** (does not include cases connected with the Grand Princess)

- 24 cases are repatriation flights
- 86 cases are travel-related
- 108 cases are due to close contact
- 266 community transmission
- 522 under investigation

Twenty-two public health labs in California are testing samples for COVID-19, according to the California Department of Public Health.

### **Governor Updates:**

Governor Gavin Newsom announced yesterday that he has sent a letter to President Donald Trump requesting the immediate deployment of the USNS Mercy Hospital Ship to the Port of Los Angeles through September 1, 2020, to help decompress the state's health care delivery system in Los Angeles in response to COVID-19.

A copy of the Governor's letter can be found [here](#).

Yesterday, Governor Gavin Newsom issued a stay at home order to protect the health and well-being of all Californians and to establish consistency across the state in order to slow the spread of COVID-19. Executive order and his address can be viewed [here](#)

**CDE:**

- New guidance docs and webinar can be viewed [here](#)

**LOCAL:**

**March 19, 2020 - Public Health Lab Report**

Sixteen people tested since the March 18 report was issued. All were negative.

\*Numbers below do not reflect testing by commercial laboratories.

People whose tests were run by the Public Health Laboratory:

- 6 tested by the Centers for Disease Control and Prevention or California Department of Public Health

People whose tests were run by the Public Health Laboratory:

- 55

Results Summary to date:

- 61 total patients tested
  - o 1 positive, cleared
  - o 1 inconclusive, cleared
  - o 59 negative

Current test capacity:

- Public Health currently has a total capacity of approximately 234 tests and can process 20 samples a day with an approximate turnaround time of 48 hours.

**March 19, 2020 - Shelter in Place Frequently Asked Questions**

[Read the FAQ here \(PDF\).](#)

**March 19, 2020 - Order of the Health Officer Directs Humboldt County Residents to Shelter in Place**

Humboldt County Health Officer Dr. Teresa Frankovich issued an Order of the Health Officer today, March 19, directing Humboldt County residents to shelter at their place of residence in an effort to slow the spread of COVID-19. The order is effective beginning at midnight tonight until 11:59 p.m. on April 9 unless it is extended or rescinded by the County Health Officer. [Read the press release here \(PDF\)](#), and [read the order here \(PDF\)](#).

### **Wellness Tip**

#### **Look out for these common signs of distress:**

- Feelings of numbness, disbelief, anxiety or fear.
- Changes in appetite, energy, and activity levels.
- Difficulty concentrating.
- Difficulty sleeping or nightmares and upsetting thoughts and images.
- Physical reactions, such as headaches, body pains, stomach problems, and skin rashes.
- Worsening of chronic health problems.
- Anger or short-temper.
- Increased use of alcohol, tobacco, or other drugs.