

HUMBOLDT DEL NORTE SELPA

# PARENT/ GUARDIAN SUPPORT SESSIONS

Our behavioral health team is here  
to support you!

Zoom drop in sessions where you  
can consult on:

- Building routine and structure
- Behavioral techniques
- Socio-Emotional support ideas
- Reinforcement strategies

**WE ARE ALL IN THIS TOGETHER!**

EVERY WEDNESDAY THROUGH MAY  
10-11AM

ZOOM LINK

PASSWORD: ONHSY2





# UPCOMING OPPORTUNITIES

## **DROP IN TIME & TRAININGS FOR PARENTS/GUARDIANS**

### DROP IN CONSULT SESSIONS (10-11 AM):

APRIL 22

APRIL 29

MAY 6

MAY 13 *\*SPANISH SPEAKING CLINICIAN AVAILABLE\**

MAY 20 *\*FOCUS ON MINDFULNESS/ CALMING KITS\**

MAY 27

ZOOM LINK      PASSWORD: ONHSY2

### TRAININGS:

MAY 1

1:30-3:00

**STRATEGIES FOR EMOTIONAL SUPPORT FOR OURSELVES  
AND OUR CHILDREN**

LAUREL SHERER, SELPA CLINICIAN & BEHAVIORIST

ZOOM LINK      PASSWORD: OUV9H9

Questions? Contact the HDN SELPA  
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