

Section A: A person tests positive for COVID-19

Regardless of vaccination, previous infection, or lack of symptoms:

- ▶ **Stay home for at least 5 days.**
- ▶ Isolation can end after day 5 and person may return to school/work on day 6 if symptoms are not present or are resolving and individual has been fever-free for 24 hours. (**A negative test is no longer required.**)
- ▶ If fever is present, isolation should be continued until fever resolves for at least 24 hours without use of fever-reducing medications.
- ▶ If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- ▶ Students **must wear a well-fitting mask for 10 days from Day 0**, unless they take two consecutive antigen tests after day 5, 24 hours apart, and both are negative. For staff, **Cal/OSHA requires wearing a well-fitting mask** around others for a total of 10 days, especially in indoor settings.

Section B: Exposed persons (regardless of vaccination status or where exposure occurred): **NO QUARANTINE** unless symptoms develop

School Exposures: Schools are no longer required to notify persons who were in the same shared space as a positive case. Rather, schools are encouraged to provide a general notification to the entire school during times of elevated community transmission (as defined/tracked at <https://covid.cdc.gov/covid-data-tracker/#county-view>).

- ▶ Exposed persons, regardless of vaccination status, should consider testing as soon as possible. If testing negative before day 3, retest at least once on day 3-5 after exposure **unless they were previously infected** with SARS-COV-2 within the last 30 days. Staff **MUST** test within 3-5 days after exposure.
 - ▶ Exposed persons who were previously infected within the last **30 days** do not need to be tested, quarantined, or excluded from work **unless symptoms develop**.
 - ▶ Exposed persons who develop symptoms, should stay home and test. If unable to or choosing not to test, they must be excluded from school or work for 5 days and should mask through Day 10.
 - ▶ Exposed students **who participate in testing** may continue to take part in all school activities, including sports and other extracurricular activities, as long as they test negative and do not develop symptoms.
 - ▶ Exposed students who remain in school and extracurricular activities are strongly recommended to wear a well-fitting mask in all public places for 10 days after exposure. Staff **MUST** wear a well-fitting mask at work for 10 days following exposure.
- ▶ Exposed persons who **show symptoms of COVID-19** should stay home until CDPH criteria is met:
 - ▶ At least 24 hours have passed since fever subsides (without fever-reducing medication);
 - ▶ Other symptoms have improved/subsided; and
 - ▶ Has a negative COVID-19 test or healthcare provider has confirmed an alternative diagnosis.

High-Risk Exposures: Certain exposures may be deemed higher risk for transmission, such as with an intimate partner, in a household with longer periods of exposure, or while performing unmasked activities with increased exertion and/or voice projection or during prolonged close face-face contact (e.g., during contact sports like wrestling, during indoor group singing, during crowded events where cheering occurs like games, concerts or rallies, particularly if indoors). In such cases, **exposed persons should be extra vigilant** in undertaking recommended mitigation measures. See link below for details.

- ▶ **Any person who tests positive** should isolate at home and follow the guidelines of **Section A above**.