

# Week of the Young Child

Shelter in Place Version

April 11-17

*A community celebration of young children  
and those who care for them*

## Tasty Tuesday

*is all about getting creative in the kitchen. Young children enjoy learning about healthy food options and discovering that healthy can still be tasty! Include children in the planning and meal making process. Have children help make the grocery shopping list. Try out a new recipe and post your favorite kid-friendly recipes on social media.*

## Scavenger Hunt Idea

*Search for foods in your house that  
are the colors of the rainbow.*

Find more ideas at  
[hcoe.org/woyc](https://hcoe.org/woyc)

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